

Spermidine NMN Forte

Nicotinamide mononucleotide with spermidine, in a blue spirulina and glycine base.

HOW TO USE

Half to one teaspoon daily in cold water or juice. One tub is about a month.

INGREDIENTS

Spermidine, Nicotinamide Mononucleotide (NMN), Blue Spirulina (Arthrospira platensis), Glycine, Thaumatin. Amounts per teaspoon are on the bottle.

WHAT TO EXPECT

A daily nutritional supplement, not a treatment. Human studies of NMN have measured blood NAD levels and safety.

Not for use in pregnancy, while breastfeeding, or under 18. Not suitable if you have a history of cancer. Contains spirulina. Speak to your doctor if you have a kidney or liver condition, or take prescription medication.

Full ingredient list, batch and expiry on the bottle. Store below 25°C.

60 g

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